***Laugh***

***My laugh?...Well, it seems to follow me wherever I go.
Quite a joyous, but loud booming thing, I know.***

***It scares some to death, but then, delights others.
It really enjoys life, and most anything other.***

***You never know when it will burst forth to be heard.
Even while hearing sad stories...I know, seemingly absurd.***

***But, to it, this life is abundant, and people quite funny.
It will even laugh at itself, as it sees its own folly.***

***It seeks out the joy, and so enjoys every small thing.
It gains life from real optimism, and so...it must sing.***

***As we stumble along, it giggles and explodes away.
I think it will get me into trouble one day.***

***It does not care, not a smidge, for formality.
It does what it does, and offers its congeniality.***

***It is a good friend, and when alone we play.
I know I am well, alive, and truly happy today.***

***Life has for us, many endless lovely, and ridiculous, things.
Enjoy them, and let the beauty of your laughter ring.***

 ***JDC***